

LaFleur's News ~ August 2016



- This is our “Back to School” newsletter. *Because you are currently enrolled, you have priority to sign up for Fall Classes until Saturday August 6th.*
- On Monday, August 8th we will be taking registration for all new students for gymnastics & swimming.

Please consider **YEAR-ROUND CLASSES** for your child in **Gymnastics and/or Swimming**. Consistent participation is crucial to your child’s development. Once we establish a class that is a good fit for your child we strongly recommend that you stay in the same class until next summer.

We can help them develop skills they will need for the rest of their lives.

**The President’s Council on Physical Education and Sports states,
 “Gymnastics develops upper body and abdominal strength
better than any other activity.”**

Gym & Swim Summer Fun CAMPS:

We still have openings for the week of: * August 1 - 5 * Aug. 8 & 9
 * **Full Day** (9:00-3:30) * **Half Day** (9:00 – 12:00 or 12:30-3:30)
 Join us for lots of **FUN & FITNESS!** **It’s a BLAST!**

Please note a slight annual increase in tuition. Thank you.

Remember: You get a 20% discount for the 2nd child and/or 2nd activity.

Important Dates:

- | | |
|-----------------------|--|
| Aug. 1 - 5 | Summer Fun Camp – please call the office 813.264-5000 |
| Aug. 5 – 21 | Olympic Games – on NBC (Men’s Gymnastics = M; Women’s Gymnastics = W)
<small>(M: 8/8 Team Final-3:00; 8/10 AA Finals-3:00; 8/14 Floor,Pommel Horse-1:00; 8/15 Rings,Vault-1:00; 8/16 High Bar,P-Bars-1:00)
 (W: 8/9 Team Final-3:00; 8/11 AA Finals-3:00; 8/14 Vault, Uneven Bars-1:00; 8/15 Balance Beam-1:00; 8/16 Floor-1:00)</small> |
| Aug. 6 | TUITION DUE – For (Aug.15 – Oct.10)
<small>(Pay on or before this date to hold your child’s class spot.)</small> |
| Aug. 8 & 9 | Summer Fun Camp – please call the office 813.264-5000 |
| Aug. 8 - 13 | AWARDS WEEK – Come on down! Bring your cameras! |
| Sept. 5 | NO CLASSES – Monday - Labor Day - No Make Ups needed |
| Sept. 6 | Classes Resume |
| Sept. 24 | TUITION DUE – For (October 11 - December 10)
<small>(Pay on or before this date to hold your child’s class spot.)</small> |
| Oct. 4 - 10 | AWARDS WEEK – Come on down! Bring your cameras! |

LaFleur's ~ Supertots

Manager: Ms. Missy

*Where kids learn that . . . learning is **FUN** !*

Decades of research shows that kids learn by moving.

Gymnastics & Movement Education For Girls & Boys 1 – 5 years old

- * 45 Minute Classes
- * Classes available Year - Round
- * Limited Class Size (6 students or less / class)
- * Facility is padded and carpeted wall to wall
- * Equipment designed for preschoolers
- * Variety of set ups keeps kids excited
- * Physical Fitness:
Lots of rolling, running, hanging, swinging, climbing, balancing, etc. means that Kids get more **fit** while they are having **FUN** !

Gym Kids / Rough & Tumble

Manager: Ms. Chelsea & Mr. Donald

Where every child is a Winner!

A 2 year study shows that kids K-2nd who did gymnastics improved their reading & math skills up to 28%.

Gymnastics for Girls & Boys K – 8th Grade

- * Designed for the Everyday Child
- * 60 or 90 Minute Classes 1 or 2 times / week
- * Classes available Year - Round
- * Limited Class Size (8 students or less / class)
- * Facility is padded and carpeted wall to wall
- * Equipment designed for school-age kids
- * Physical Fitness:
With every forward roll ending in a sit up, every backward roll ending in a push up, etc. we can see how gymnastics enhances fitness with every skill performed.

Thank you for your continued support of our programs!

Little Flipper Swim School

Manager: Ms. Maddi & Ms. Mae

State-of-the-Art

Year-Round, Learn to Swim Program

We cater to Girls & Boys 1 - 7 years old

- * Indoors
- * Shallow Pool (3 – 4 ft. deep)
- * Heated Pool (90°-92°)
- * Small Classes (3 to 4 Students / class)
- * Caring, Certified Staff
- * Fun, Progressive Curriculum
- * Safe Ports for Students to swim to and from
4 sets of stairs 8 ft. swim-out
Several swim platforms throughout the pool
- * Goggles – Being underwater is more **Fun** when you can see clearly
- * Cool Stuff - We use “props” like dive rings, underwater hoops, dumb bells, kick boards, a slide, and other “toys” to make learning **FUN** !



Supervision ~ Always!

Awesome Birthday Parties

Manager: Ms. Andrea

- * **Gymnastics Parties or Swimming Parties**
- * 2 Hours of **Fun** !
- * For kids of all ages
 - * Call for information and availability

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